

Training Report – Tailoring Project (FIDES)

The tailoring project at FIDES was successfully implemented after receiving project support through DD India and was initiated on January 16th. A total of 25 students were enrolled and divided into two batches (15 in the morning and 10 in the afternoon) to ensure effective learning and individual attention.

The curriculum, provided as part of the ADD India-supported project, included 30 lessons covering theory, as per cutting (**pattern making**), and practical tailoring. The training enabled participants to understand stitching techniques, measurements, fabric handling, and garment construction.

During the program, students were trained in measurement-taking, fabric cutting, sewing machine operation, and garment stitching. They also learned basic design concepts, finishing methods, and quality checking. In the third month, participants completed final projects such as stitched garments, charts, and work albums, followed by assessments to evaluate their learning.

The training also focused on improving creativity, precision, and confidence. Regular practice and continuous guidance from trainers helped participants show steady progress. Attendance and participation were consistently good throughout the program.

This initiative has had a positive impact, especially on women and homemakers, by equipping them with income-generating skills. Some participants have started taking stitching orders, while others are planning to begin their own tailoring businesses.



We sincerely thank ADD India for providing us with this project and for their valuable support, including training materials and guidance. We also appreciate the efforts of the trainers and coordinators.

