

FIDES

ANNUAL REPORT 2023-24

VISION

Arise to Wholeness

MISSION

To ensure united and happy families by promoting health and hygiene, empowering children, young people and women at all levels, and promoting socio economic development

OBJECTIVES:

- To promote education for the less privileged through sponsorship programme.
- To organize and capacitate children, youth and women to realize their basic Socio- Economic development.
- To promote Health and hygiene.
- To offer skill Training for development and Self Employment.
- To train women for Income generation programmes.
- To promote legal literacy and eco – awareness.
- To empower women through the formation of Self-Help groups and Women's rights education.
- To Empower young people with leadership training and value education
- To Promote community health especially in the areas of drug abuse and HIV AIDS
- To ensure health care and quality of life for everyone.
- To implant saving habits.
- To stop infant mortality and illiteracy
- To form healthy individuals especially mothers.
- To stop alcoholism, especially among men.
- To ensure united and happy families.

FOURFOLD STRATEGY OF FIDES:

- ❖ Educational development
- ❖ Economic growth and development
- ❖ Holistic Health Care
- ❖ Developing the capacities individual

SUMMER CAMP

FIDES organized a summer camp for children from 13- 16 April, 2023. The camp brought together 120 children from six different places, namely Ramaya Colony, Water Tank, Safal Labour Colony, Cheemasandra, Bandapura, and Chinagenahalli. The camp aimed at providing a comprehensive experience for the children, incorporating activities such as prayer, yoga, academic classes, and various recreational activities.

Day 1: The camp began with a beautiful prayer session setting a positive and spiritual tone for the day. Then followed the yoga session, which helped them relax and prepare for the day's activities. Afterwards, the children were divided into three groups, each led by a designated captain.



In the morning, the children attended different classes based on their turn.

There were three classes available for them. The first class was focused on arts and crafts, allowing the children to unleash their creativity and express themselves through various artistic projects. The second class was an English language class, where the children had the opportunity to enhance their language skills through interactive exercises and engaging discussions. Lastly, there was a dance class, where the children learned various dance forms and routines, fostering their physical coordination and artistic expression.

After the morning session, the children were provided with nutritious meals to replenish their energy and keep them fuelled for the day's activities. The meals were thoughtfully prepared, ensuring a balance of essential nutrients.

During the afternoon, the children engaged in a range of outdoor activities, primarily focused on sports. They participated in various sports promoting teamwork, physical fitness, and friendly competition. After the sports activities, the children enjoyed delicious snacks, providing them with a refreshing break.

Day 2: The second day followed a similar schedule as the first day, continuing with the morning prayer, yoga, and division into groups with their respective captains. The morning classes offered the same options of arts and crafts, English, and dance classes, allowing the children to further explore their interests.

In the afternoon, the children continued with the sports activities. The sports sessions encouraged fair play, sportsmanship, and an active lifestyle. Following



the sports activities, the children indulged in tasty snacks, boosting their energy for the remaining activities.

The children from different places came together to enjoy a diverse range of activities, including prayer, yoga, academic classes, sports, and recreational fun. The camp not only provided an opportunity for learning

and skill development but also fostered a sense of unity, friendship, and teamwork among the children.

Day 3: On the 3rd day the children had the opportunity to showcase their learning's from the previous two days. They were given a platform to demonstrate their dance skills, which they had acquired during the dance classes. The children prepared and performed beautiful dances, captivating the audience with their grace and talent. The dances they performed showed their dedication and hard work in the dance classes.

The closing ceremony of the camp was graced by esteemed guests. The chief guests included Sr Rosy Lopez the Directress of CDEW, Sr. Monica Thomas Superior of Sacred heart convent, Fr. Anthony Arul Assistant Director of ASHIRVAD, and Sr. Sumi Joseph Director of FIDES. Their presence added prestige to the event and symbolized the support and endorsement of the camp's objectives and activities. The chief guests also delivered inspiring speeches. Additionally, the children showcased their vocal abilities by singing songs that they had learned during the summer camp. These songs included action songs that were taught to them. The songs were engaging and educational, enabling the children to remember important directions while having fun.

The performances by the children on the 3rd day were met with applause and appreciation from the Sisters, Staff and Animators who attended the event.

The children at the summer camp were rewarded for their efforts and achievements. Based on their performances, prizes were awarded to recognize their talent, hard work, and dedication. The prizes served as a way to acknowledge and encourage the children, boosting their motivation and self-esteem.

Furthermore, as a token of appreciation for their participation and contribution to the camp, all the participants were given gifts.

The prize distribution and gift-giving ceremony was a moment of celebration and joy for the children.

LEADERSHIP PROGRAM

On 29th April 2023, FIDES along with ASHIRVAD organized a Leadership program in the FIDES Hall for about 55 young people. The day began by invoking the blessings of God through a prayer song by Emanuel a Medical coding student followed by a welcome speech.

Fr. Pradeep the resource person started with a game called 'Bird and the Cage' to break the ice and build relationship among the students. Father concluded the game saying "different people in different ways come into our life but we should not lose the spark in us".

A motivational session followed by Fr. Vishal. Fr spoke about leadership and inspiring personalities. Father made everyone understand that leadership is not self-declaration or expecting everyone to get in line and follow him or her to the destination, but it is the way others follow us based on the quality of our actions rather than the magnitude of our declarations. All were inspired by Fr. Vishal's session.

The resource person Fr. Pradeep came up with an interesting activity to teach the participants group work. A chart was given to all 4 groups consisting of 8 to 10 participants each. Each participant had 30 seconds to draw anything that gives a message to the crowd. Each one had different ideas and came up with a beautiful drawing spreading lot of awareness. The participants learnt the benefits of team work. Father concluded the session giving more awareness regarding team work.

Lunch was sponsored by Ashirvad and prepared by FIDES staff. After the lunch since all were in a sleepy mood, Fr. Arul taught a penguin dance which woke up everyone and got them ready for the next session.



Then Br. Joswin took a session on how to respond while we are under pressure using a coffee bean. Even when the coffee bean is roasted and blended it spreads its aroma and presents itself well, similarly we shouldn't burst out or go into depression while we are pressurized rather try to get stronger mentally and stay stable. No one can understand a person better than himself. So, we were told to understand our own self first then help others to understand themselves. The day concluded with the feedback session during which some of the participants expressed their feelings and what they learned from the session.

ANIMATORS MEETING

On 22 nd May 2023 FIDES organized a meeting for the Tuition Animators to discuss about the CG Program that is to be held on the 25 th May 2023. All the animators from 4 places participated in the meeting hosted by Sr. Sumi Joseph. It was decided that the program shall be held at Ramaiah Colony as the place available there is spacious compared to other places. The responsibilities were divided among the FIDES Staff and the Tuition Animators. All took up the responsibilities enthusiastically. Tuition Animators agreed to present a program from each center. It was also decided to restart Tuitions from 29 th May 2023 as all the students have returned from their native places.

VISIT OF ISI AND ASHIRVAD FATHERS TO TUITION CENTRE

On 26 th May 2023, a heart-warming event was organized by FIDES along with the support of ISI and ASHIRVAD for migrant and poor children at Ramaiah Colony. The purpose of this event was to provide a fun filled and joyful experience for children. The event aimed to bring smiles to their faces through games, dances, songs, and shared experiences. About 65 children participated. Several fathers and sisters from different places had come to share their values of love, respect and gratitude.

The event began with many action songs designed to foster interaction and create a friendly and inclusive atmosphere. The children participated enthusiastically, forming new friendships and breaking the initial barriers. Sreeja, the host of the event, took the stage to deliver a warm and heartfelt welcome to the



esteemed guests offering beautiful roses to each. A team of energetic dancers from Safal Labour Colony took the stage and performed lively and vibrant dances. The children from Cheemasandra enthusiastically sang and showcased their singing talents, adding an element of joy to the event followed by the last and effective performance. Entertaining and enlightening mime on Cell Phone Awareness by Avalahalli Water tank Children.

DONATION OF GROCERIES FROM VIAVI SOLUTION

A Million thanks to VIAVI Solutions for supporting us with groceries enough for one month to feed the poor and the old. Mrs. Swarna from VIAVI Solutions visited the center on 27 th May 2023 and donated groceries for the 'Feed a Mouth' program to help feed the poor elderly. VIAVI Solutions generous contribution of groceries for an entire month will undoubtedly make a significant impact on the lives of those in need.

VIAVI Solutions' act of kindness and social responsibility demonstrates their commitment to making a positive difference in the community.

Such acts of support play an important role in addressing food insecurity and ensuring that everyone has access to basic necessities.



WELCOMING OF NEW SUPERIOR SR SHERLY JOSEPH AND SR. MARY RANI

On 4 th June 2023, all the FIDES Staff were gathered at FIDES Hall, the event



begun with a warm welcome speech by Ms. Vandana and Ms. Charmak. They expressed their gratitude and enthusiasm to the new members of the family. Sr. Sum Joseph, Director of FIDES honoured Sr Sherly and Sr Rani with shawls and garlands as a symbol of respect and acceptance into FIDES family. As a token of love both the sisters were presented

with potted plants symbolizing growth and nurture. After this we gathered for delicious lunch providing opportunities for informal communications.

TREASURE HUNT

The game treasure hunt was one of the means that was used for the students to explain about the study material they have on customer interaction. This was basically done with 37 students to gain knowledge and the interest to learn and to know about the customer interaction that they are going to face in their work field after the course. The students were much active and enthusiastic not only to play the game and had fun too. This game enables them to deepen and widen their capacity to understand the importance of customer interaction through this activity. Students appreciated this form of teaching and gave a good review over it.



ENVIRONMENT DAY

As World Environment Day is observed on 5th June, in respect to this FIDES initiated Environment day program on 7th June 2023 which serves as a reminder of our responsibility towards the environment. FIDES Director, Staff and Vocational Training Students participated in the event. The event involved planting plants, applying fertilizers and commitment to care for the planted saplings.



All the students together planted selected saplings in the selected area within the campus. Beyond the celebration all were committed to take a good care of the planted saplings in the coming days. All the students were fostered with the thought of saving the environment.

Furthermore, the students according to their assigned group came prepared with the charts and slogans based on the theme plastic/environment pollution. After the plantation, Students presented their topic before the class.

QUEST INAUGURATION

The inauguration ceremony held on July 11th, 2023 to mark the commencement for the 19th QUEST batch at FIDES Vocational Training Centre was a memorable event that marked the beginning of an exciting journey for the students.



The presence of distinguished guests, Sr. Sumi Joseph, Director of FIDES; Sr. Phillo Fernandez, Incharge of Sponsorship; Sr. Mary Rani, QUEST Co-coordinator and some sisters from the provincial house, added prestige to the occasion. The program encompassed a range of activities, from prayer songs and welcoming speeches to entertainment programs and ice-breaking activities. The involvement of Mr. Benedict Roy, who introduced the Quest Alliance program, further highlighted the significance of the event. With the vote of thanks, the ceremony concluded on a positive note, leaving the attendees inspired and motivated.

APEX MEETING IN KAVERI NAGAR

On 5th July 2023, apex meeting was connected in Kaverinagar. Meeting started with a prayer song headed by Mrs. Arpuda Mary, SHG incharge in Kaverinagar. Among 30 groups, 15 leaders were present for the meeting. Sr. Rani, SHG incharge, Mr. Samuel and Mrs. Arpuda Mary were present for the meeting. During the meeting various issues of the groups were discussed. Mr. Samuel cleared their doubts.



INDUSTRIAL VISIT

On 13th of July 2023 FIDES, Avalahalli had organized an industrial visit to the Hourglass Company in Cheemasandra. Around 58 quest students from first and second batches, along with facilitators Sr. Rani, Miss. Christina and Mr. Henry, Placement officer were benefited from this visit. Mr. Ansuman, Manager of the company arranged the staff in order to explain the process and type of work that

they are caring out. He divided the group in to two and explained them orally



the procedure and showed them the types of packing and printing and the embroidery according to the mind of the companies. This visit is to give them the practical knowledge about the function of the company; moreover to build a relationship with them by interacting with the customers. This exposure is also to

add self confidence in the students.

YOUTH MEETING MEETING

On 23 rd July 2023, youth animation was organized by Sr.Mary Rani, FIDES youth animator. Around 69 youth from different centers and villages were present for the animation.

Rev. Fr. Anil D'Souza, SDB, Director of Yuva Spandana, Ajjanahali, Was the resource person of the day. Purpose of the day



was to make the young people- remember the importance of their youthfulness and what role they can play to bring a change in the society.

At the outset Sr. Mary Rani, introduced the resource person to the participants. Fr. Anil began the session with an Icebreaker activity to make them comfortable with

each other. He had also brought out the qualities and responsibility of a youth with various games and activities. Young people were exited and were actively participated in all the activities conducted. At the end of the programme Sr.Rani, met some of the village youth and encouraged them to be regular for their monthly meeting and assured them of her full support to be with them in all their planningâ€™s and activities.

PLACEMENT AND MOBILIZATION

On 16 th July 2023, Sr. Sumi Joseph and Mr. Manu M started their journey with the purposes of Placement and Mobilization for the Medical Coding and Medical Billing in South Karnataka, Coimbatore and Hyderabad.



On 21 st July 2023, Sr. Sumi Joseph and Mr. Manu M arrived back after visiting 25 companies and colleges in total.

COMMEMORATION OF THE DEATH ANNIVERSARY OF FIDES TRUST FOUNDER, SR. NANCY PEREIRA



On July 14, 2023, a solemn ceremony was held at FIDES to commemorate the death anniversary of the revered founder of FIDES Trust, Sr. Nancy Pereira. The event saw the participation of Self-Help Group (SHG) women, FIDES staff, and vocational training students, who gathered to pay tribute to Sr. Nancy and express their gratitude for the miracles she had brought into their lives, also shared their personal

experiences and stories of the miracles they had witnessed through Sr. Nancy's guidance and support. The occasion was marked by candle lighting, garland offerings, prayers, and a visit to the cemetery to offer prayers with flowers. The death anniversary of Sr. Nancy Pereira, the revered founder of FIDES Trust, was observed with profound respect and admiration. The event served as a reminder of Sr. Nancy's unwavering commitment to empowering SHG women, fostering personal growth among vocational training students, and positively impacting the lives of many through FIDES Trust. Her influence and legacy continue to inspire and guide all those associated with the organization. As the participants left the commemoration, they carried with them a renewed sense of gratitude and dedication to upholding Sr. Nancy's vision and mission. The event served as a powerful testament to the profound impact a compassionate and dedicated individual can have on the lives of others, even beyond their physical presence.

DONATION TO FEED A MOUTH

Mr. Shashi, past pupil of Auxilium School donated groceries to celebrate his son's birthday on July 25th 2023.

CAPACITY BUILDING PROGRAM ON MIGRATION

On 26 th July 2023, Sr. Sumi Joseph, FIDES Director and Ms. Vandana, FIDES Staff, advanced to attend Capacity building program on Migration at ISI, Bangalore for three days. NGOs from all over India participated in the Program.

SPONSORSHIP MONEY DISTRIBUTION TO THE BENEFICIARIES

On July 30 th , 2023 around 10:00 a.m. beneficiaries from different village namely; Kaverinagar, Halasuru, Cheemasandra, Avalahalli and Cheenaganahalli came to FIDES to receive their sponsorship money. Total of 175 beneficiaries were present.



FORMATION OF TWO SHG GROUPS AT KAVERINAGAR

Two SHGs groups namely Asha Jyothi and Vishveshwayer were formed at Kaverinagar on 31 st July 2023, after stretched punctilious

efforts of three months.

TREASURE HUNT

On August 1 st 2023, treasure hunt was conducted to build creative thinking, teamwork, co- operation, leadership and boost their self- confidence. Total of 24 students participated in the activity. They were divided into two groups. Each group needed to look for hints and the hints had some activity to complete and puzzle to solve before moving to the next phase of the hunt. Students at the end was more interactive with each other than before the activity.



There was a new sense of self-confidence and some realized their ability to lead the group. Creative thinking, focus, zest to win was evident amongst the students.



SPONSORSHIP MONEY DISTRIBUTION

On 8 th August 2023 at FIDES, the remaining beneficiaries came to receive their sponsorship money.

DECATHLON INTERVIEW

Three recruiters from Decathlon came to take interview exclusive to females. Both Tech and Quest female students appeared for the interview. Total of 7 students were selected for the next round.



A VISIT BY ASHIRVAD FATHERS AND DOT AND DASH MEREDITH COMPANY TO TUITIONS CENTERS

On 30 th August 2023, Fathers from Ashirvad, Fr. Arul and Fr. Arun, Ashirvadâ€™s staff Ms. Deekshitha along with Mr. Vivek, Mr. Syed and Mr. Santhosh from Dot Dash Meredith Company visited all the four tuitions namely; Safal Labour colony, Water Tank, Cheemasandra and Ramaiah colony.

The purpose of the visit was to inspect and introduce the tuition centers to the Dot and Dash Meredith Companyâ€™s representatives, the potential sponsor the tuition centers.



Fathers and companyâ€™s representatives interacted with the migrant children. Gave out sweets to every tuition center and distributed some stationary pack consisting of notebooks, pens, and pencils, erasers, sharpener and sketch colours to the tuitionscenters.

MEETING WITH TECH MAHINDRA FOUNDATION OFFICIALS

On 29 th August 2023, a meeting was organised with the Program Director for Youth Empowerment, Mr. MSB Sudheer Babu, Mr. Shiju Joseph and Ms. Preethi from Tech Mahindra, where various topics were discussed related to the sponsored program, student placement, and college visits for Mobilization. The meeting included interactions with students and staff. The discussion covered the following points:



- 1. Interaction with Students:** Tech Mahindra officials interacted with the students, which provided them with insights into the perspectives of the Sponsored program.
- 2. Meeting with Staff:** The officials also had a meeting with the staff, during which they discussed various aspects of the sponsored program and student progress.
- 3. Target Group for Sponsored Program:** Discussions were held regarding the specific target group that the sponsored program aims to benefit. This involves considerations such as the student's backgrounds, qualifications, and career goals.
- 4. Placement of Students:** The companies that the representatives have visited or will be visiting for the placement of students who have completed the medical coding and medical billing courses were discussed. This included details about the companies, job roles, and the potential opportunities for the students.
- 5. College Visits:** The meeting also covered the colleges that have been visited or will be visited to promote medical coding and medical billing courses. This indicates efforts to collaborate with different colleges to attract students to these courses.



BANK LOAN TRAINING

Bank loan training was held on August 29 2023. Resource person Runesh and Manju led the meeting along with FIDES staff cum SHGs Incharge Mrs.

Arpudha and Mr. Samuel. The meeting was attended by 7 SHGs group from Kaverinagar.

Later in the day, same training was held at Kithaganur. Total of 15 SHGs group was present for the training.

WELCOMING/HONOURING DR. SR. SUMI JOSEPH

On 25th August 2023, Rev Dr. Sr. Sumi Joseph, Director of FIDES arrived at FIDES around 7:30 p.m after the completion of her Phd. Sr. Mary Rani, Hostel In charge, FIDES staffs and hostel girls welcomed and honored Dr. Sr. Sumi Joseph with garland, shawl and Mysore peta along with bursting of fire crackers to congratulate her on her achievements.



YOUTH MEETING AT ULSOOR

On 19th August 2023, youth meeting at Ulsoor was held after a long period. Around eight youths attended the meeting. The meeting was headed by Youth in charge, Sr. Mary Rani along with FIDES staffs Ms. Vandana Munraj and Ms. Charmak Bagang.

The meeting was attended by eight participants. Sr. Mary Rani encouraged the youths to attend the youth meeting, to be punctual and be active participants.



Sr. Rani intimated the youths about her plans to take them to Aajanahalli, sports competition between different villages and so on. At the end Sr. Rani encourage the youths to responsible towards their family, friends and community and made them promise to each one bring one for the next youth meeting.

SHGs BANK OF INDIA MEETING

On 16 th of August 2023, a meeting was held for SHGs from different villages at FIDES, around 4:30 pm to give insights on the process of bank linkage and loan process.

Total of 50 members participated in the meeting Along with SHGâ€™s in charge Mr. Samuel and resource person Mr. Runesh Yadav. He then explained in details regarding the benefits, its process and so on.



APJ PAID HOMAGE TO SR. NANCY AND CELEBRATED INDEPENDENCE DAY

On 15 th of August 2023, Auxilium Punar Jevan paid homage to Sr. Nancy Pereira by putting garland on her tomb to celebrate her centenary birthday. Along with it APJ also celebrated Indiaâ€™s 77 th Independence Day by hoisting Indian flag at FIDES.



ANIMATION BY GO ALPHA



children of Cheemasandra and Water Tank colony by imparting them with sport classes.

Mr. Vinod Raj, Go Alpha Facilitator along with Mr. Henry Johnson, Mobilizer cum Placement Officer, on 12 th August 2023, animated migrant



FIRELESS COOKING:

On 11 th of August 2023, Quest 19 th Batch participated in fireless cooking activity to help them with time management along with team building and a sense of community amongst them. They were divided into two groups and were assigned to prepare three items. On the basis of taste, presentation, team involvement and hygiene they were marked. At the end group 1 emerged as the winner.



ANIMATION AT RAMAIAH COLONY, WATER TANK AND SAFFAL LABOUR COLONY TO MARK THE 100 TH BIRTH ANNIVERSARY

To mark the 100 th birthday of Sr. Nancy Pereira animation at Ramaiah Colony on August 10, 2023 was held in the presence of FIDES Staff Ms. Vandana and Ms. Charmak along with three volunteers, Ms. Mercy, Ms. Auxillia and Ms. Janet Murmu. Volleyball, Anthakshri and Khokho were conducted for the children. Total of 33 migrant children participated enthusiastically.

Animation at Water Tank Colony on August 11, 2023 was held in the presence of Sr. Mary Rani, Youth and Quest Co-ordinator along



with FIDES staff Ms. Vandana, Ms. Charmak and Mr. Bennedict Roy. Various games were conducted for the children. Total of 27 migrant children participated enthusiastically.

Animation at Saffal Labour Colony on August 12, 2023 was held in the presence of FIDES Staff Ms. Vandana,

Ms. Charmak and Mr. Henry Johnson. The purpose of animation was to mark the 100 th birthday of Sr. Nancy Pereira. Passing the ball, Fire in the mountain was conducted for the children. Total of 24 migrant children participated enthusiastically. At the end, all children danced to their favorite songs happily.

INAUGURATION AND CERTIFICATE DISTRIBUTION

On 9th of August 2023, new batch for Medical Coding and Billing was inaugurated. Around 25 students were present for the program, along with the inauguration; Certificates were distributed to the Medical Coding and Billing of 1st and 2nd batches.

CENTENARY BIRTHDAY CELEBRATION OF REV.SR.NANCY PEREIRA

On 3rd September 2023, The Centenary Birthday Celebration of Sr. Nancy Pereira, the esteemed founder of FIDES was celebrated at the FIDES hall. It was a momentous occasion filled with heartfelt tributes and vibrant performances. The event was a testament to the lasting impact of Sr. Nancy's legacy and her dedication to serving the community.



The program commenced with a short and poignant prayer service led by Sr. Rani, the Quest Incharge, and Ms. Jonet Archana, setting a spiritual tone for the day.

Mrs. Swapna gracefully hosted the event, guiding the proceedings and ensuring a warm and welcoming atmosphere.

Mr. Samuel, SHGs Incharge delivered a warm and heartfelt welcome speech, extending greetings to all the distinguished guests, including Mother Provincial



Sr. Lucy Rose, Sr. Superior Sherly Joseph, Sr. Sumi Joseph, FIDES Director Sr. Mary Rani, Quest and Youth Incharge, Sr. Alice Chaco as well as the SHGs women from various villages, migrant children, and all participants.

The Hostel Girls captivated the audience with an enchanting welcome dance, marking the beginning of the celebratory activities.

Mother Provincial Sr. Lucy Rose shared words of wisdom, reflecting on Sr. Nancy's life and urging the youth and women to emulate her spirit by giving back to their families and society.

Sr. Alice Chaco shed light on the acronym of FIDES; Family Integral Development and Education Scheme and the profound meaning it holds. She also unveiled the hidden secrets behind Sr. Nancy's success, emphasizing her unwavering love for the less fortunate, selflessness, and active involvement on both national and international fronts.

A symbolic cake cutting ceremony added a touch of festivity, symbolizing a century of Sr. Nancy's remarkable life and her contributions.

The program featured a delightful array of performances, including a mime by migrant children from Ramiah Colony, dances by Quest Students and Ramaiah Colony children, and heartfelt speeches by members of SHGs and village residents sharing their experiences with Sr. Nancy.

The event continued with a spirited dance performance by Kaverinagar Youth and an engaging skit by Cheemasandra migrant children, showcasing the vibrant spirit of the community.

The program culminated with a touching video presentation, chronicling the inspiring journey of Sr. Nancy. Mr. Benedict Roy, Placement Officer at Tech Mahindra, delivered a heartfelt vote of thanks, expressing gratitude to all participants and organizers for making the celebration a resounding success.

The Centenary Birthday Celebration of Rev. Sr. Nancy Pereira was a heartwarming tribute to a remarkable individual whose legacy continues to inspire and uplift the community. The event showcased the enduring impact of her work and the importance of selfless service to society.

HEALTH CAMP

The Medical Camp held on 11th September 2023 at FIDES Hall that commenced at 11 am and continued until 4 p.m. The day began with the registration of participants, ensuring a systematic approach to managing the crowd. It was a collaborative effort organized by St. Joseph's University MSW Students in partnership with St. Martha's Hospital and supported by FIDES Trust. The initiative aimed at providing medical assistance to the community and was specifically beneficial to 150 men, children, and women, including migrant women and children under the care of FIDES and Auxilium Punar Jeevan members.

Eight teams of medical professionals, led by a qualified doctor, conducted comprehensive health check-up for all participants. This included BMI measurements and thorough assessments for any underlying health issues. Special attention was given to children, who were provided with nutrition



powder before their BMI assessments. This proactive approach towards children's health reflects the camp's commitment to holistic well-being.

Throughout the event, medical check-ups were interspersed with the distribution of snacks, creating a comfortable and supportive environment for all attendees.

This camp stands as a testament to the commitment of St. Joseph's University MSW Students, St. Martha's Hospital, and FIDES Trust in promoting community health. By reaching out to 150 individuals, including vulnerable populations, the camp has made a positive impact on the well-being of the community.

TEACHER'S DAY CELEBRATION

Teacher's Day 2023 was celebrated on September 5, 2023, jointly organized by Quest Alliance, Tech Mahindra, and Tailoring students. The programme was attended by distinguish guests Sr. Superior Sherly Joseph, CDEW Director Sr. Rosy Lopez, FIDES Director Dr. Sr. Sumi Joseph, Quest Alliance Incharge, Sr. Mary Rani, Sr. Sumathi, Life Skills Trainer, all the facilitators and Trainers of FIDES and the students.

The programme commenced with the prayer song in remembrance to God.

Sr. Superior, Sherly Joseph and Sr. Rosy Lopez spoke for the occasion. They address about Dr. S. Rahakrishna, thank the staffs and highlight importance of a teacher.



The highlight of the program included beautiful poem recitation on teachers by Mr. Melvin, dance performances by Tech Students, melodious group and solo song Performed by Quest Students.

The program concluded with gifts distribution, musical chairs for facilitators and a cake cutting ceremony.

GIRL CHILD DAY CELEBRATION

Girl Child Day 2023 was celebrated on September 6, 2023, with a dedicated awareness initiative led by Sr. Rani, Quest Alliance Incharge, and Ms. Christina, Quest Facilitator along with Quest Students. The event aimed to empower and enlighten young girls about the importance of health, education, and gender equality.

To kickstart the event, Mrs. Ayesha, Quest student addressed the gathered audience, emphasizing the significance of health and hygiene. She imparted practical tips such as the importance of daily baths and the necessity of washing hands before and after eating. These essential practices were shared to promote overall well-being among the girls.

Mrs. Lopamudra Rauto and Mrs. Sumaiya, Quest students engaged the audience in a meaningful discussion about the harmful consequences of child marriage and the paramount importance of education for girls. They urged the ladies of the colony not to endorse child marriages for their daughters, and their message was well-received with agreement and support from the attendees.



As the day progressed, Ms. Christina conducted an interactive activity designed to challenge gender stereotypes and promote gender equality. Participants were asked to associate various qualities like strength, risk taking, lovable, dominance, fashionable, intelligence, jealous and beauty with either gender. The activity served to highlight that there should be no differentiation between males and females based on these qualities. Ms. Christina concluded by emphasizing that given equal opportunities and a supportive environment, both genders can excel, and it is society's perception that needs to evolve to bring about this change.

In the evening, Girl Child Day 2023 was commemorated with an enlightening awareness program at Ramaiah Colony. Sr. Mary Rani, Ms. Vandana, Accountant, and Ms. Christina joined hands to spread awareness and empower

the community, especially focusing on the importance of education and the detrimental effects of child marriage.

Ms. Vandana delivered an impactful address, emphasizing the paramount significance of education for girls. To illustrate the negative consequences of child marriage, she narrated a compelling story about a young girl's experiences. This narrative



served as a powerful tool to raise awareness about the perils of early marriages. Following the educational sessions, an engaging activity was conducted where the children were asked to stand representing various qualities attributed to human beings. They were then prompted to identify which qualities were traditionally associated with males or females. This exercise aimed to challenge gender stereotypes and biases. Sr. Mary Rani eloquently conveyed the message that there should be no distinctions between the genders based on these qualities.

CERTIFICATE DISTRIBUTION PROGRAM

Certificate Distribution Program for both 18th and 19th Batch was conducted at FIDES hall on September 25, 2023. The program started at 10:00 a.m. with registration of the students. Around 11:00 a.m. the program proceeded with arrival of the guests.

Total of 62 participants were present along with special guest from Quest Alliance, Ms. Shruthy S Kumar, Program Associate and Ms. Ishanee, Women and Work Specialist. Sr. Superior Sherly Joseph, Sr. Rosy Lopez, CDEW Director, Sr. Sumi Joseph, Director of FIDES graced the occasion.



The program comprised of students showcasing their talents through their dance and songs, some encouraging words from Sr. Superior Sherly Joseph and Ms. Shruthy S Kumar. Certificates were distributed to the students and light refreshment was provided. With some games activities with students the

program was concluded.

SPANDANA STUDY CENTER VOLUNTEERS MEETING

Spandana Study Center Volunteers Meeting was held on 2 nd October, 2023 at Ashirvad Center, Bangalore. All the Volunteers for tuition centers under Ashirvad attended the meeting.



Sr. Dr. Sumi Joseph, FIDES Director along with Mr. Henry Johnson, Ms. Sreeja, Ms. Vandana and Ms. Charmak participated in the meeting representing FIDES Trust.

The program started with lighting of the lamp and with a prayer song. It progressed with animations/activities, powerpoint presentation of the activities of different tuition centers, Ashirvadâ€™s involvement and contribution towards it. The meeting also included talk sessions by Fr. Arul emphasising the importance of taking pictures, updating to the concerned person and so on.

GRATITUDE DAY CELEBRATION

Gratitude is the heartfelt recognition of the kindness and support we receive from others, and it serves as a reminder of the positive aspects of our lives. It



allows us to express our thankfulness and encourages a cycle of giving and receiving. On October 12, 2023 the Fides staff gathered at the Provincial House to celebrate a Gratitude Day Prayer Program. This event was a testament to the importance of gratitude in our lives. During this event, all the

sisters, including Sr. Superior Sherly Joseph, were present. The program featured prayers, well-wishes, and songs that resonated with the theme of gratitude and delicious lunch for all the staff of FIDES. In the afternoon, Sr. Superior Sherly Joseph was invited to Fides Hall, where a special program was organized in her honor. The program began with a warm

welcome and proceeded to showcase the essence of gratitude through various activities.

The afternoon program featured a prayer dance by Fides staff, a heartfelt speech by Sr. Sherly Joseph, emphasizing the importance of being grateful for even the smallest things. The program also included a group song by Quest students, soulful solo performances, and a duo song by two talented individuals.



The event brought together different groups, including medical coding students, Fides staff, and even a surprise dance by Fides male staff, illustrating how gratitude unites people from various backgrounds.

The Gratitude Day Prayer Program concluded with a vote of thanks and light refreshments, leaving everyone with a deep sense of gratitude and appreciation for the connections and experiences shared.

This event serves as a reminder that gratitude is not just a one-day celebration but an attitude that can be nurtured and practiced every day. It reminds us to be thankful for the blessings in our lives and the people who contribute to our well-being.

ULSOOR YOUTH MEMBERSHIP DAY

Ulsoor Youth Membership Day was celebrated to welcome the newly joined youths from Ulsoor on October 14, 2023 at Ulsoor office. Youth In charge, Sr. Mary Rani facilitated the program.



FIDES AND VILLAGE YOUTH PARTICIPATION IN SPORTS COMPETITION

On 1st November 2023, Fides and Village Youth participated in the sports competition organised by ITI Don Bosco, KGF on November 1st, 2023. 29

youth participated and Ms. Prathyusha and Ms. K Lahari were able to Secure 1st prize in girls Badminton competition.

TECH MAHINDRA'S NEW MOBILIZER

On November 2nd 2023, Mr. Bal Praveen, new mobilizer for Tech Mahindra joined FIDES officially after he was appointed for the post.

MBA INTERN

On 2nd November, 2023, Ms. Vandana came to FIDES for one month internship as part of her semester mandate.

CHEENAGANAHALLI SHGS MEETING

Newly formed SHGs groups in Cheenaganahalli held their meeting on November 2, 2023 at FIDES staff room. 9 members were present for the meeting.

MONTHLY PLANNING

As usual, monthly planning was held in the FIDES staff room on November 4, 2023.

FIDES STAFF VISITS AUXILIUM SCHOOL FOR CHARITY DAY

After the planning, all the FIDES staff along with FIDES Director, Sr. Sumi Joseph visited Charity Day program to contribute in whatever way possible.

NCP TWO DAYS WORKSHOP AT BANGALORE (NINE IS MINE)

Nine is Mine Organization, in association with Prathyek organization, arranged two day's workshop, for the NGO's working for the development of children. The workshop was held at Ecumenical Resource Center, Bangalore, on 6th and 7th November respectively. Sr. Mary Rani FMA and two Neighborhood Children's Parliament leaders of FIDES, Pavan and Om Kumar presented in the meeting.

The children were illustriously enlightened on the importance of Children's Rights and SDGs (Sustainable Development Goals), which were the core focus of this two day's of workshop. Due to emphasis was given to explain 'What' and 'Why' of it and how to implement these by 2030. The children were highly motivated and encouraged to fight for their rights, in particular, for better life style with healthy environment, which is often curtailed in the name of development and industrialization. On the second day, a special effort was made to help children elect good leaders for the NCP



gro
ups

, with cent percent of voting possibility. The Workshop was well appreciated by all, for the meticulous inculcation of knowledge in the young minds, who are the present and future of our nation and world at large.

APPOINTMENT OF NEW FIDES STAFF

Mrs. Grace Mary was appointed as the new FIDES staff on November 8, 2023 to help the SHGs work especially in Ulsoor village, one of the adopted villages under FIDES.

QUEST STUDENTS CELEBRATES CHILDREN'S DAY WITH SAFAL LABOUR COLONY

On 14th November 2023, Quest students visited Safal Labour colony, a migrant community in Doddabanahalli to celebrate Children's Day with the migrant children. They animated the children with games and taught them action songs as well. Later, the children were treated with chocolates and biscuits.

GUEST LECTURE

On November 25, 2023 a Guest lecture was conducted. Around 35 students were



present for the session. Mr. Manoj K Cyriac, Visiting faculty of Visual Analytics at Christ, Praxis Business School and Great Learning, Bangalore, took the session on M.S. Excel, and ended the session with introduction to alternatives of excels like Microsoft Power BI and Tableau which is better and easy to use.

SR. MARY RANI'S BIRTHDAY CELEBRATION

On 23rd November 2023, Fides staff celebrated Sr. Mary Rani's Birthday with cake cutting and with a birthday song. Students too wished sister with birthday song and sister distributed sweets to everyone.

TUITIONS CENTRES CHILDREN VISIT TO FIDES

On November 30, 2023 children of various tuitions centres came to FIDES to practise for Children's Day.



KARNATAKA REGIONAL YOUTH MEET 2023 SALESIAN SISTERS – BANGALORE PROVINCE

On 18 November 2023, the portals of the splendid campus of the Sacred Heart Provincial House – Bangalore, was open to welcome the young people of six communities of the state of Karnataka, for the Regional Youth Meet 2023, with the theme: 'Like Mary, Arise and Shine', under the leadership of Sr. Mary Rani – The Karnataka regional youth delegate.

Soon the venue found 140 young boys and girls, with their friendly giggles and fun-filled joy. 9 vibrant FMAs accompanied them to the gathering in the FIDES multipurpose hall for the two-days event! The inaugural ceremony at 10am ignited the gathering with the AYM anthem in the air. Sr. Sherly Joseph FMA (Animator – Sacred Heart Convent), Sr. Teresa Augustine FMA (Novice Animator), Sr. Maria Rajeshwari FMA (Provincial Councillor- Youth Pastoral) and Sr. Sumi Joseph FMA (Director – FIDES) along with two youth representatives adorned the dais and lit the traditional lamp of hope and inaugurated the event.

The exciting icebreaking session was conducted by Sr. Venila Dominic and Sr. Shyla Anthonappa, after which Sr. Maria Rajeshwari, presented the Vision, Mission of AYM (Auxilium Youth Movement) and a glimpse of Daughters of Mary Help of Christians.

The sumptuous meal was followed by the competition of Theme Presentation – ‘Like Mary, Arise and Shine’. The young people had prepared mime, skit, dance etc on the theme and presented the same. Such a thought provoking, colourful marvellous presentation by the youth and for the youth!



Surprises kept unfurling each time as day kept rolling by! It was time for ‘Youth Cafe’! Sr. Arokia Mary and Sr. Saleth Mary had prepared seven coffee tables with seven resource persons namely, Sr. Alice Chacko, Sr. Agnes Fernandez, Sr. Bincy Thomas, Sr. Nirmala Mummadi, Sr. Priya Arunvannan, Sr. Padmini Vincent and Novice Maria George with the seven topics of *Protect the Environment at home, *Life skills, *Positive Attitude, *Communication skills, *Building Virtuous youth, *Time management skills, *Benefits of instruction media respectively. The session was for about ten minutes, while the animators remained in the same tables, the participants kept moving round the tables to complete all the sessions.



SR. FATIMA’S BIRTHDAY CELEBRATION

On 1st December 2023, FIDES staff celebrated Sr. Fatima’s birthday with birthday cake and song.

BALA MELA, 2023

On 3rd December 2023, an enriching event unfolded as migrant children from four tuition centres under the care of FIDES participated in the Bala Mela 2023. This collaborative effort included key partners such as ASHIRVAD, Marginalised Centre for Social Concern, Dotdash Meredith, CARE, and FIDE EL LABORE.

The day kicked off at 8:30 a.m. with a warm welcome through the registration process, followed by a nutritious breakfast. The event continued with inauguration, engaging games, snacks, lunch, a captivating magic show, cultural performances, a valedictory session, gift distribution, and a heartfelt departure.

The success of Bala Mela 2023 was made possible through the collective efforts of Departments of St Joseph College of Commerce, St Joseph's College of Law, and St Joseph's Boys' High School. Their collaboration extended to organizing the cultural program and volunteering for the game stalls, adding depth and diversity to the event.

Approximately 97 students from FIDES Trust actively participated in the event. The FIDES team, led by Sr. Sumi Joseph and Sr. Bincy, included seven dedicated individuals: Mrs. Lania, Ms. CharmakBagang, Ms. Vandana M, Ms. Shreeja, Mr. Benedict Roy, Mr. Henry Johnson, and Mr. Bal Praveen.

The Bala Mela 2023 stands as a shining example of community collaboration and commitment to the well-being of migrant children. The diverse range of activities, cultural exchange, and the generous involvement of volunteers created a memorable experience for all involved. This event not only provided moments of joy and learning but also fostered a sense of community and of belonging among the participants.

SR. PRIYA'S BIRTHDAY CELEBRATION

On 6th December 2023, FIDES staff celebrated Sr. Priya's birthday with birthday cake and song.



BLANKET DISTRIBUTION

As it is winter, with the support of Auxilium School teachers blankets were distributed to destitute women and elderly person from villages.



MARKET SCAN

As usual Market Scan was conducted for the new batch of QUEST on December 7, 2023. Students were divided into four groups of 7 to 8 members. They were directed to visit retail stores between K. R Pur and Hoskote.



Students were given questionnaires to fill up the details required and for better understanding of the jobs available in the market and what are the essential criteria to get the job, whether there are opportunities for the growth both personally and professionally.

Though there were some hurdles while visiting the market, students were contented with the opportunity to explore the market.

SHGs LOAN MEETING



BLESSING OF THE SITE OF NEW FIDES KITCHEN

The plan to build new FIDES kitchen was approved and finalized. Thereby, on December 8, 2023 blessing of the site for the construction for the new kitchen was held in the presence of Fr. Cyriac Thayil and M. Provincial, sisters and some lay collaborators who come for mass daily.



ALUMNI INTERACTION

On December 15, 2023, Alumni Interaction was held for the 20th Batch. Mr. Vijay interacted with the present batch regarding his experience in the work field. He encouraged the students to work hard and not to give up.

MOCK INTERVIEW



Mock Interview was conducted for the 20th batch on December 16, 2023 around 10:00 a.m. at FIDES. Mr. Ranjan John, H.R, Cock Industry with 16 years of experience led the Mock Interview, did assessment of the students and gave feedback on how to face the interview, the do's and don'ts, and also any changes for the resume and so on.

CHRISTMAS CELEBRATION 2023

FIDES Trust orchestrated a heart-warming Christmas celebration at FIDES Hall, bringing together various groups associated with FIDES. The event was graced by the presence of migrant children, Self-Help Groups (SHGs), medical coding and tailoring students, as well as staff members. Sr. Superior, Sherly Joseph, Sr. Rosy Lopez, CDEW Director, and other sisters from the provincial house joined the festive gathering. The festivities commenced with a warm

welcome by MC Swapna, followed by a delightful duet song performed by Lania, the tailoring teacher, and Swapna, the SHGs apex body leader. The program continued with an enchanting dance by tailoring students and a Christmas message shared by Sr. Superior Sherly Joseph, accompanied by a narrated story.

Migrant children showcased a compelling mime, leading into Christmas Wishing songs in various languages and a lively dance performed by Medical Coding and Billing students. *Santa* made a cheerful appearance, spreading joy through dance and sweet distribution. The event concluded with a gracious vote of thanks delivered by Samuel, the SHGs in -charge, followed by the distribution of cake pieces to all participants.



After the celebration at FIDES Hall, Sr. Superior Sherly Joseph, Sr. Sumi Joseph, FIDES Director, and Sr. Mary Rani, Youth In-charge, visited Kaverinagar village. There, they attended a modest Christmas celebration organized by Kaverinagar SHGs at FIDES's Office. Sr. Superior Sr. Sherly delivered a heartfelt Christmas message, and tokens of love were

extended to the three sisters. The program was further adorned with a lively dance by children and the joyful appearance of *Santa*, adding a touch of merriment to the festivities.

After the Christmas celebration, Youth meeting was held as well in the presence of Sr. Mary Rani, Youth In- charge along with ten participants. The meeting was held at FIDES's Office in Kaverinagar. The point of discussion was of active participation from the youth, what are some of the challenges to bring in the youth and so on.

SR. SUMI JOSEPH'S BIRTHDAY CELEBRATION

FIDES Staff and students celebrated FIDES Director, Sr. Sumi Joseph's



birthday on December 18 2023. Celebration consisted of Dance by students and staff, duet song by medical coding students and ended with cake cutting ceremony along with birthday song sung by coding students in different languages.

Sister wished for the growth of vocational courses of FIDES, thanked all the staff and students for the surprise. After the program Sr. Sumi also had cake cutting ceremony with all the staff of FIDES.

VTI STAFF MEETING

Date: December 21, 2023

In attendance were Sr. Superior, Sherly Joseph, CDEW Society Director, Sr. Rosy Lopez, FIDES Director, Sr. Sumi Joseph, Sr. Mary Rani, QUEST In-charge, along with FIDES VTI Trainers/Facilitators, Mobilisers, and Placement officers.

Key Points Discussed:

1. **Organizing Monthly Staff Meetings:** Vandana and Sr. Rani were assigned the responsibility of organizing monthly staff meetings every 1st Saturday.
2. **Quest Facilitator Training:** Scheduled for January 16th and 17th, 2024, at FIDES Hall. Mandatory attendance for both Quest and Tech Mahindra students.
3. **Don Bosco Mondo** Scheduled for January 13th, mandatory attendance for both Quest and Tech Mahindra students.
4. **Target Achievement Concerns:** Raised concerns regarding achieving the set targets for both Tech and Quest programs.
5. **Placement Priority:** Emphasized the importance of placing Tech students in relevant companies.
6. **Staff Responsibilities:** Sr. Rosy conveyed a message from Tech Mahindra Official Jagan, highlighting that non-compliance with assigned tasks could lead to termination by the centre head Sr. Sumi Joseph.



7. **Mobilization Records:** Emphasized the need for mobilizers to maintain records of places visited and student contacts.
8. **Attendance Protocols:** Staff instructed to log in by 9:15 am, with attendance registers closing at 9:30 am. Red dots to indicate late, with three red dots marking absence of one day. Register to be submitted to Sr. Rosy.
9. **Leave Policy:** Leaves to be requested one day in advance.
10. **Punctuality:** Stressed the importance of punctuality for both students and trainers/facilitators.
11. **Electricity Conservation:** Urged wise usage, citing a high consumption of 260 units solely for the ground floor.

Closing Remarks:

Sr. Superior concluded the meeting by encouraging the staff to give their best. Christmas cake and calendars were distributed, accompanied by best wishes for the festive season.

MEDICAL CAMP, KAVERINAGAR



FIDES along with the support of ISI and in collaboration with St Philomena's Hospital conducted a Medical Camp at Kaverinagar on 30th December 2023. Around 178 individuals were benefited. This program focused on providing both medicines and treatment to improve the health and wellbeing of the community. 10 Doctors spent their time in taking a good care of the patients. There was a positive response from the people and many of them expressed their gratitude for providing them with medical care and treatment. Continued

support of ISI and St Philomena's Hospital resulted in the success of the program. Working together led this huge positive impact on the lives of the poor and the needy.

We extend our sincere thanks to ISI and St Philomena's Hospital for their support and commitment to improve the wellness of the society. We look forward to their continued collaboration; working hand in hand will lead to huge positive impact on the society.

INDUSTRIAL VISIT

On December 30, 2023, CDEW Avalahalli organized a successful industrial visit to Hourglass Shipping Company in Cheemasandra, Avalahalli. The visit was attended by 25 enthusiastic students, providing them with invaluable insights into the practical aspects of the working world.



During the visit, Manager Mr. Ansuman delivered an inspiring message, encouraging the students to embrace the realities of the professional realm. He emphasized the significance of proactive efforts, urging them to actively seek job opportunities both online and offline. Mr. Ansuman stressed the importance of showcasing their skills by crafting

a compelling resume and highlighted the need for personal initiative in the process of searching for a job. Overall, the industrial visit aimed to equip students with a firsthand understanding of work processes and foster a proactive mindset towards securing employment.

INAUGURATION OF THE DE-ADDICTION CENTRE

On 31st December 2023, the new centre for De-addiction was inaugurated in the presence of Mother Provincial Sr Lucy Rose, Superior Sr Sherly Joseph, Chairmen of Shishu Mandir childcare centre, Dr Hemanth, Member of Panchayath Mr Ramanna, Benefactors, Sisters of Provincial House, FIDES Staff and the patients of Auxilium Punar Jevan (APJ) were present for the inaugural ceremony.

The program started with introduction about the day by Sr. Agnes followed by cutting the ribbon by Mother Provincial Sr Lucy Rose. Ms Shruthi invoked the presence of God amidst the participants through a dance. Sr Sumi Joseph the Director of FIDES welcomed the gathering with her warm words. Followed by a talk by Mother Provincial, who spoke about the commitment of Sr Nancy in upbringing the society. She also appreciated all the individuals involved in the process of renovating the abandoned building into a beautiful home.



Mr and Mrs Anand the chairmen of shishu mandir spoke about how difficult it is to manage a de-addiction centre, in spite of all these challenges sisters courageously took forward the mission started by Sr Nancy the founder of FIDES. They also appreciated the dedication of the people involved in the uplift of patients coming into the centre.

All the benefactors who helped in renovating the house by the financial and moral support were thanked by giving a candle as a token of appreciation and gratitude, indicating how they have become light in the lives of the needy.

All the people who put in the efforts to re-construct the house were given gifts to appreciate their continued support and hard work.

The program was brought to an end by cutting a cake symbolising the celebration of the new beginning. Mr Samuel the FIDES staff thanked the gathering for their availability. At the end all the participants were served snacks and tea.

AUXILIUM YOUTH MOVEMENT SPORTS DAY

The Auxilium Youth Movement Sports Day held on January 28, 2024, saw enthusiastic participation from three different villages – FIDES Youth, Kaverinagar Youth, and Halasuru Youth, totalling 110 participants, including volunteers and animators.

The event commenced with the registration process, followed by a grand inauguration ceremony. Sr. Alice Chacko and Sr. Sumi Joseph graced the occasion as esteemed guests of honour. The inauguration featured a prayer, the

lighting of the lamp, and an insightful talk by Sr. Alice. Mr. Benny, one of the volunteers, explained the Rules and Regulations, and Mr. Tony led all participants in the oath-taking ceremony, guided by Sr. Rani, the Regional Youth In charge.

Following the inauguration, everyone moved to the sports ground for the day's activities. The first session



included a thrilling volleyball competition for boys among the villages, along with throw ball competitions for girls. Carom board games were also organized for both boys and girls, with refreshing juice and light snacks provided in between. Before

lunch, an exciting tug of war took place for both boys and girls.

Post-lunch, the second session featured leg cricket for the boys. The day also included the election of core members from different villages, with Ms. Anupriya as the President, Shruthy as Vice President, Vicky as the Secretary, Dominic as the Treasurer, and Vishvini as the Media representative.

For the program's conclusion, Sr. Superior Sherly Joseph and FIDES Director Sr. Sumi Joseph joined as esteemed guests. The prize distribution ceremony saw Kaverinagar lifting the rolling trophy. A memorable photo session with the sisters marked the conclusion of the day, followed by Tea and snacks, fostering camaraderie and celebrating the success of the Auxilium Youth Movement Sports Day.

EMBRACING TRADITION: PONGAL CELEBRATION AND ETHNIC DAY

On January 13, 2024, FIDES had the privilege of hosting Mr. Daniel Knable, a generous benefactor (representative) from Don Bosco Mondo, who travelled all the way from Germany. We are grateful to Don Bosco Mondo who financially supported the FIDES building. Mr. Daniel Knable, came to oversee the building and the activities carried out in this building. The event was attended by key figures including Benefactor Mr. Daniel, CDEW Society Director Sr. Rosy, Sr. Superior Sherly Joseph, Sr. Sumi, FIDES Director, Sr. Philo, Sr. Mary Rani, along with FIDES staff, self-help groups (SHGs) from various villages, migrant children under FIDES, tailoring students, and vocational training students.

The day commenced with a cultural program, expertly hosted by Ms. Varsha, Tally trainer, and Ms. Vandana, FIDES Accountant. The program featured a warm welcome speech, a captivating Prayer Dance by the staff, and the honour of facilitating Mr. Daniel with garlands, shawls, plants, and a token of gratitude.



The event showcased the talents of migrant children through a mime, a mesmerizing solo dance by youth Ms. Shruthy, and insightful experience sharing by Quest Student Ms. Priyanka, Tech Student Ms. Shakunthala, and SHGs lady Mrs. Seethamma. A memorable photo session

captured moments shared between Mr. Daniel, participants, and the dedicated FIDES staff.

Post-program, Mr. Daniel embarked on a tour of the FIDES Building, engaging in meaningful interactions with students within the classrooms. The day served as a testament to the impactful collaboration between Don Bosco Mondo and FIDES in fostering education and empowerment.



VISIT OF BENEFACTOR MR. DANIEL KNABLE, DON BOSCO MONDO

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both medicines and treatment to improve the health and wellbeing of the community. 10 Doctors spent their time in taking a good care of the patients. There was a positive response from the people and many of them expressed their gratitude for providing

them with medical care and treatment. Continued support of ISI and St Philomena's Hospital resulted in the success of the program. Working together led this huge positive impact on the lives of the poor and the needy.

We extend our sincere thanks to ISI and St Philomena's Hospital for their support and commitment to improve the wellness of the society. We look forward to their continued collaboration; working hand in hand will lead to huge positive impact on the society.

FIDES YOUTH MEET AND ELECTION

On January 6 2024, FIDES youth meet was held at FIDES hall in the presence of Sr. Mary Rani, Youth In-charge. 09 members participated in the meeting.

The meeting's point of discussion was to elect new leaders for FIDES youth and revive the youth activities.



Ms. Shruthy was elected as, President, Mr. Vinay as the Vice- President and Ms. Saraswathi as the Secretary.

The meeting ended with photo session and some light snacks.

NATIONAL INCLUSIVE CHILDREN'S PARLIAMENT (NICP), MEETING NEW DELHI

Children representing 75 parliamentary constituencies from across the country gathered in the national capital and engaged with members of parliament and political parties in New Delhi to seek the adoption of their Children's manifesto in the lead up to General Elections 2024.



"Nothing about children without children" echoed the sentiments of these young child parliamentarians during the National Inclusive Children's Parliament (NICP), Took place from January 24th to 31st, 2024. The event brought together over 100 young child leaders, 100 adult facilitators, and 100 directors of child rights organizations, in which Sr.Vennila FMA along with Mr. Jonson of 10th standard from Kaverinagar, FIDES & Mr. Jeraphine Jose of 8th STD from Maradiyur participated representing CDEW Karnataka. Purpose of uniting everyone to seek platforms for the genuine participation of children. The participants collectively sought to make India the first nation in the world to engage children genuinely and fully in the most sacred moment of a democracy, namely elections.

Mr. Johnson from CDEW Karnataka said, "Visiting Shri Chandra Shekhar Sahu, a Member of Parliament from Odisha, was my first-time experience. It was exciting to meet him. Submitting our children's manifesto to him made me feel more heard as a child. This opportunity was very encouraging and made me realize this is just the first step, and together as child rights advocates, we will keep striving for a better world for every child."

The focus of all the participants of the NICP 2024 in the upcoming months leading to the General Elections would be to gather one million voices of their peers in support of their Children's Manifesto. The child-parliamentarians also vouched to engage all candidates and political parties contesting the upcoming general elections to seek the inclusion of their recommendations in all political manifestos.

WOMEN'S DAY CELEBRATIONS



On March 3rd, 2024, FIDES had organised Women's day Celebration at FIDES Hall, with around 400 participants. FIDES staff came up with a Prayer dance a powerful statement for celebrating the Father and the love that He has for all of humanity. Sr Sumi Joseph, the Director of FIDES, delivered a warm welcome speech, expressing gratitude to all Dignitaries by honouring them with a Garland and a Shawl.'

A symbolic gesture of enlightenment and hope, the lighting of the lamp ceremony- All dignitaries, including Mother Provincial Sr. Lucy Rose, Mrs. Vimala Anand, the Chairperson of Shishu Mandir Child Care Centre, Superior Sr. Sherly Joseph, CDEW Director Sr. Rosy Lopez, Ms. Linu Augustine, and Mr. Sabu Joseph, came together to inaugurate the event by lighting the lamp. Followed by a report highlighting the initiatives and impact in empowering women and uplifting communities was presented, to show the various activities of FIDES. Glimpse of FIDES were presented as a Video to the audience showcasing our dedication in bringing a positive change in the society.

The esteemed Mother Provincial delivered an inspiring talk, sharing her insights on women's leadership and importance and how they can make a positive difference in their family and the society. Mother concluded her talk by saying

"When women are happy, homes thrive; when homes thrive, societies flourish."



Followed by the talk, there was a dance performance by the Ulsoor Self-Help Group, celebrating the strength and resilience of women from diverse backgrounds, they

conveyed a powerful message about the abilities and determination of women, regardless of their circumstances.

Mrs. Vimala Anand, the esteemed Guest of Honor, delivered an enlightening talk, highlighting the significance of women's empowerment. Drawing inspiration from notable figures such as Mother Teresa, Sister Nancy, Mother Ciara and so on..she provided examples of great women leaders who have made significant contributions to society. Mrs. Anand encouraged the participants to mirror the courage, compassion, and dedication demonstrated by these remarkable women.

The Kaverinagar Self-Help Group showcased their talent through a mesmerizing dance performance. They also collaborated with young girls and together delivered a mind-blowing dance performance. A heartfelt folk song by the Village Self-Help Group celebrated women's heritage and diversity. They also teamed up with Skill Training Students for an energetic Kolata dance.

All the dignitaries received a candle with the message "Be a beacon of light" symbolizing their role as guiding lights for those in need. Like a beacon showing a path in the darkness, the dignitaries were encouraged to serve as lights of hope and inspiration for others. Ms. Varsha Veronica, expressing gratitude on behalf of FIDES, delivered a heartfelt vote of thanks, acknowledging the contributions of all participants. The event was concluded by singing the National Anthem and scrumptious meals.

