

FIDES

ANNUAL REPORT 2014 - 2015

VISION

Fullness of life for all people

MISSION

To ensure united and happy families by promoting health and hygiene,
empowering children, young people and women at all levels, and
promoting socio economic development

OBJECTIVES:

- To promote education for the less privileged through sponsorship programme.
- To organize and capacitate children, youth and women to realize their basic socio economic development.
- To promote Health and hygiene.
- To offer skill Training for development and self employment.
- To train women for Income generation programmes.
- To promote legal literacy and eco – awareness.
- To empower women through the formation of Self Help groups and Women's rights education.
- To Empower young people with leadership training and value education
- To Promote community health especially in the areas of drug abuse and HIV AIDS
- To ensure health care and quality of life for everyone.
- To instill saving habits.
- To stop infant mortality and illiteracy
- To form healthy individuals especially mothers.
- To stop alcoholism, especially among men.
- To ensure united and happy families.

FOURFOLD STRATEGY OF FIDES:

- Educational development
- Economic growth and development
- Holistic Health Care
- Developing the capacities of individual

MEDICAL CAMP AT KAVERINAGAR SLUM

“Good health is not something we can buy, however it can be an extremely valuable saving account” says Anne Wilson Schaef. Keeping this in mind FIDES organised free medical camp for the slum dwellers of Kaverinagar, Bangalore, India on 07 June 2014.



The Medical Camp was conducted in a Government School at Kaverinagar in collaboration with MV Jayaram (MVJ) Medical College and Global Eye Foundation from Hoskote, Bangalore. Mr. N. Pillappa the Member of Bruhat Bangalore Mahanagara Palike (BBMP) inaugurated the medical camp. Present were Sr. Anna Chacko, Animator of Sacred Heart Convent and Mr. Ellappa a social worker and well wisher of FIDES and a good number of slum dwellers of Kaverinagar.



The Camp was for Eye, ENT, Gynaecology, Pediatrics, Dental, Orthopedics and Dermatology and common ailments like head ache, cough cold and fever. Opportunity was offered for Blood test for diabetes. A team of 45 Doctors, nurses and technicians rendered their service with much dedication and love.

More than 650 patients benefited from this camp. Twenty one Cataract operations. Medicine and Spectacles were given free of Cost.

The presence of Sr. Crescentia D'Almeida, Provincial was very encouraging as she spent some time in the camp, visiting the various departments. The people of Kaverinagar are grateful to FIDES for



organizing the Camp. They are thankful also to the Doctors of MVJ and Global Eye Foundation and to the sponsors for their generous availability and service. We would like to highlight the fact that for this Medical Camp everything was sponsored by the local people.

SPONSORSHIP PROGRAMME FOR EDUCATION



We are grateful to all the benefactors for their support in reaching out to many poor children in their education. Sponsorship programme is one of the main activities of FIDES. This year we have

made little bit of difference comparing to previous years. Every



year parents along with children have to come to our center for writing the letter and getting the money.

We felt it is the waste of time for the beneficiaries as well as sisters and staff, so that Sr. Sumi Joseph went to their respective places and corrected the letters of the sponsored children. Children were very happy to write the letters in their own places to their aunties and uncles. All the parents and children were grateful to the sisters for helping them in their education.

FIDES MEMBERS PLANTED MANGO SAPLINGS

Keeping in mind the maxim that we are the co-creators of nature, we the members of FIDES took the initiative and responsibility to safe guard and protect nature. They even took a greater step to voluntarily digging the pits, mixing enough manure and planted few



mango trees in our campus; all the sisters of the community too planted a tree each. We continue to see their love for nature as they regularly water them for better growth.

DEATH ANNIVERSARY OF OUR FOUNRESS

On 14th July we remembered our beloved Sr. Nancy the foundress of



FIDES, It was the 4th death anniversary. All the families of FIDES gathered in Ulsoor, Kaverinagar and Bandapura on 14th and 15th respectively and paid homage by reciting the prayers and offering the flowers at her tomb. Some of the women shared their experiences and their relationship with Sr. Nancy. Many people pray through her intercession for graces. One of staffs, Mr. Narayanaswamy who was working with Sr. Nancy, witnessed that his daughter was miraculously healed from a major accident. As a token of gratitude to God and in the name of Sr. Nancy, he offered financial help of Rs.5000/- each to two college students.



YOUTH SEMINAR

One day youth seminar was organized by FIDES for the youth of Ulsoor, Kaveri nagar and 6 villages on 27th July 2014, at our centre in Bandapura. Rev.Fr.Raymond from Rajasthan diocese and Rev. Fr.Vincent from Bombay diocese who are the



students of M. Th. from Kristu Jyothi College were the resource persons of the day. The programme started with a prayer followed by welcoming the resource persons and the participants. There were 90 youths for the

seminar. The sessions were about personality development and an importance of living life meaningfully.

Life is a gift of God and we need to appreciate it. It was an activity based learning. Youth were very active and attentive because they had the opportunity to put out their talents and they learned to work in groups. At the end the participants shared their learning experience. Even the resource persons appreciated the participant's for their patient listening and their eagerness to learn things. Mr. Samuel one of the fides staff thanked everyone who contributed towards making this day a memorable one.



AWARD CEREMONY

Karnataka Sahitya Parishath chose 18 people who contributed towards the growth and promotion of Kannada literature and social development. The chosen awardees were from various fields like



Kannada literature, poetry, art, medical, social service etc. The annual celebration was held in Hoodi Sri Nanjamma Govind Reddy

Kalayan Mandapa. The day began by welcoming the invitees and awardees, talks by resource persons, cultural programmes and concluded with the awarding ceremony. Sr. Sumi was one among them to receive the award for the service done for the people in 10 villages and 2 slums of the locality. It was indeed a memorable day for FIDES to receive the award. Sr. Anna Chacko, the directoress of Sacred Heart Convent too participated in this celebration.

TRAINING ON PAPER CONVERSION

Plastic, although considered as one of the greatest inventions by virtue



of its use in carrying things has become a major element in polluting the environment. Eco – friendly paper carry bag is the only alternative and the government has started encouraging the setting up of paper bag making units. Keeping this in mind FIDES

organized 5 days training programme on paper bag making, file making and envelop making for ulsoor women. Mr. Mohan Rao the director of Kadi village small scale industry and Mr. Kemparaju the supervisor of KVSI, Mr. Ravi the product trainer and Sr.Sumi Joseph the Directress of Fides were present for the Inaugural Function and encouraged the



participants to profit from this course. Mr. Ravi the resource person trained the trainees in 5 days and thus they became skilled at paper bag making, file making and envelop making. 30 women profited from this training. Finally at the end of 5th day all the participants thanked Sr. Sumi for organizing these kind of skill development Programmes.

LEGAL CLINIC

FIDES introduced the new programme in collaboration with SIKRAM a Human Right organization to support the people who have legal problems. Many women and families benefited from this. Without Police station and court they were able to solve many of their problems. Advocate Manohar a high court judge and Advocate Mrs. Mercy came to our centre to help our people. All the people were very happy and felt free to approach them and solve their problems.



CATHOLIC FAMILY GET TOGETHER IN KAVERINAGAR

Being the Family year and the month of Rosary FIDES organized a day of animation for the catholic Families of Kaverinagar on 19th October, 2014. We had the Rosary and animated prayer together and Sr. Celine Maria Selvam gave the message on Our Blessed Mother. All were happy and wanted to pray the Rosary every month in the village. We were also very happy to gather the people as a family and to help them to grow in faith.

ONE DAY ANIMATION FOR THE FIDES STAFF



Sr. Sumi Joseph, the in charge of FIDES organized one day staff animation on 13th Nov 2014 to God's experience and Commitment and role and responsibility of the staff. The animation meeting started

with prayer song to the Holy Spirit, Rev. Fr. Xavier Manavath the Rector of Sanyasa, was the resource person of the day. He explained in the first session about God experience. He stressed the importance of prayer, rosary and meditation.



In the afternoon session he dealt about the commitment in FIDES mission to the poor and marginalized and Jesus carried out this mission. So He has called us to do the same. He shared that salary is not an important in social work but bringing people to God is an important. Finally he gave the tips how to live as a prayerful and committed person in our life and mission. All the staff thanked him for his availability and spending his precious time with us.

INAUGURATION OF DON BOSCO TECH

The Inaugural programme of Don Bosco Tech began with prayer dance invoking God's blessing at 11.30am on 17th of November 2014. FR. Jeelson, director of D B Tech, Mr. Vincent the state co- coordinator, Sr. Anna Chaco the superior of Sacred Heart Convent, Sr. Rosy the director of CDEW, Sr. Sumi Joseph



the director of FIDES, Mrs. Shivani and sisters and staff of FIDES were present in the programme. Sr. Rosy welcomed the dignitaries and students for the event. All the special invitied inaugurated the programme by lighting the lamp. Fr.

Jeeson delivered the inaugural speech to utilize the opportunities and skills providing by DB Tech with in the period of three months. He also stressed that youth are the asset of the country and feel more responsible to stand independent. Finally he encouraged the students to take courage and keep learning until you succeed. Mr. Vincent explained about of three months and carrier guidance and courses offered by DB Tech like sales and marketing, personality development, basic computer and Spoken English. Sr. Anna Chacko expressed her joy to all the students and organizers for having this kind of skill training in our institution for the poor and needy people. All the DB Tech students put up beautiful cultural programme like group dance, solo dance, skit, mimicry etc... finally with National Anthem the inaugural programme was come to an end.

NCP MELA AND CHILD RIGHT AWARENESS RALLY

FIDES organized awareness Rally on Child protection and cleanliness along with NCP mela on 30th of November 2014 at Kaverinagar Slum. According to the agenda of the day at 10.30am all the NCP groups, Youth and SHG's assembled in Kaverinagar entrance. All the participants began the Rally by holding the placards and shouted slogans about protecting the rights of children and swatcha Bharath (clean India).The rally comes to an end after walking in the main roads of Kaverinagar.



After the Rally, NCP Mela programme began with prayer dance to the Almighty God. The Dignitaries of the day were Dr. Ajith Kumar the member of Kannada Sahithya Parishath Mahadevapura, Sr. Anna Chacko superior of SHC, Mr. Mylarappa the school Head Master and Sr. Mary Manjil. Sr. Anna Karuveil, Sr. Balarani, Sr. Sumi and a good number of people also were present for the programme. Mr. Manjunath a staff of FIDES welcomed the gathering. All the guests inaugurated the programme by lighting the lamp. Dr. Ajith Kumar the Chief Guest delivered the inaugural speech. He spoke about the importance and responsibility of each one to keep clean our home, surroundings and village. He said that if we are faithful to it we will enjoy good health. He also spoke about the importance of growing the plants in the house premises. He encouraged the children and the youth for their interest to keep clean the surrounding and their courage to come forward to make known to the people the importance of the clean India. Sr. Anna Chacko in her message stressed that children are the precious gift who needs to be cared and nurtured. Each NCP group children performed wonderful cultural programmes like Song, Dance, Skit on the Harassment and protection of Children and also on the awareness of cleanliness. All the children and youth were very enthusiastic and took part in Rally as well as in the programme and made the day a successful one. At the end one of the youth, Miss Jasmine thanked each and every one who supported and who attend the programme. Finally with the National Anthem the programme came to an end.



SEND OFF FOR THE DB TECH STUDENTS

After completing successfully the 3 months training programme ‘on Sales and Marketing, Basic Computer, Spoken English and Personality development’, students themselves organized a send off programme. The programme began at 11.00 am at FIDES hall by a prayer song. Some students put up cultural programme like comedy, skit, dance and songs. An opportunity was given to all the students to share their three months experience in this campus as a student of DB Tech and their experience in learning. Some of them really shared with tears of joy for giving them this great opportunity and making them some one great in the society. Sr. Anna Chacko the superior of the SHC, Sr. Rosy, Sr. Mary Manjil and Sr. Sumi wished them all “Best Of Luck” and finally snacks was distributed to all the students.

DB TECH STUDENTS CHRISTMAS CELEBRATION

The students of D B Tech celebrated the birth day of Jesus Christ on 23rd of Dec, 2014 at FIDES centre. The celebration began at 11.00 am with a prayer dance. All the students dressed up in colourful manner and performed Cultural programmes perfectly and skillfully. There were many programmes like skit, dance and mimicry. Rev. Fr. Moncy Sdb, Sr. Annachacko, Sr. Mary Manjil, Sr. Rosy and Sr. Sumi Joseph were present for the celebration. Fr. Moncy gave a Christmas message to the students inspiring to share with one another not only eatables and materials but also the gift of peace, joy and happiness which is the gift of God and which He has brought to this Earth. Finally Sr. Rosy Lopez

thanked all the students for their wonderful performance and sweets were distributed to the participants.

FIDES YOUTH GET TOGETHER

Youth from Ten villages and two slums, Ulsoor and Kaverinagar were invited for a day's programme in honor of Bicentenary of the Don Bosco. Around 70 youth turned up for the day. The meeting began with prayer and Superior Sr. Anna Chacko gave the inaugural talk on Don Bosco in detail about his life and his apostolate that he did for the youth very specially to the abandoned to give them education in a way a bright future and eternal salvation and thus gave them a name and fame in the society. Morning session was conducted by Fr. Anthony Mahimai Dass. His message was on "Don Bosco is relevant even today because the abandoned and the needy youth are here in the society and all around the world." We the Salesian fathers and Sisters are carrying on the same apostolate that Don Bosco started. We are giving a future to the less privileged youth, and thus we are building the nation by making the youth good citizens of tomorrow and preparing them for their final end to enter into the kingdom of God.

After the lunch Brothers from Kristhu Jyothi College Br. Sebastian John Peter and Br. Ekka Pratap kumar were conducted some games to enthuse the youth. Sr. Sumi Joseph thanked all the resource persons and youth for their active participation. All the youth listened attentively and thanked the sister for arranging this programme for their good.

VILLAGE AND KVN CHRISTMAS CELEBRATION

All the SHG women, youth and the children of the villages and Kaverinagar came together joyfully to celebrate the Christmas. They spontaneously staged many cultural items. In gratitude they presented a mixy to the sisters to be used for FIDES .sisters appreciated their unity and their generosity in sharing the little that they have. Sr.Anna Chacko gave the message for Christmas that we can make others happy by our sharing the little that we have especially the gift of peace, love and joy which everyone is longing for.

CHRISTMAS WISHING AT HALASURU

It is a custom and pleasure of Halasuru M V Garden FIDES families to celebrate Christmas and convey their greetings to Sisters every year. This year also all the SGH members, youth, children and men were gathered in the community hall. Sr.Anna chacko, Sr.mary Manjil and Sr.Sumi were present for the programme. The programme began at 3.00pm with a Bharathanatyam performed by youth group calling on God's blessings. Women, youth and children performed various colourfull cultural programmes like Song, Dance and Skit. The skit on' mission of Jesus' highlighted the programme. Sr.Annachacko gave the Christmas message on sharing .sharing is not only the materials items and the things, but more specially spending our time and energy with the less privileged. More than 300 people joy fully participated in the programme. This year all the SHG groups together gave a HP Scanner and Printer as a gift to the FIDES. Finally Sr.Sumi wished them happy Christmas and thanked them for their cooperation and collaboration with

FIDES. Mr.Manjunath gave vote of thanks to the participants and cake was distributed to all.

REPORT ON CERTIFICATE DISTRIBUTION

The 1st of April commemorated the certificate distribution for the 1st batch of DB Tech students after their successful completion of the



course. The certificate distribution was honored by the presence of Sr.Anna Chacko, the Superior of Sacred Heart Convent, who delivered a motivational speech. The certificates were distributed by Sr.Anna Chacko, Sr.Rosy Lopez, Sr.Mary Manjil, Sr.Sheela Jacob and

Sr. Sumi Joseph to the successful 34 candidates who excelled in their course in flying colors making this course a marveling success. The ceremony was graced upon by co-curricular activities.



REPORT ON INAUGURATION OF 2ND BATCH

The dusk of 1st March witnessed the inauguration of the 2nd batch DB Tech students. Sr. Anna Chacko, the Superior of Sacred Heart Convent addressed the gathering and motivated the students through her words.



Sr. Rosy Lopez, the Incharge for the centre, also addressed the students. The inauguration was a simple event which included a devotional song and few dances.

REPORT ON PARENTS MEETING

On the 1st of April parents' meeting was held for the parents of students who are part of the 2nd batch of DB Tech course being held. The meeting



was aimed at providing awareness about the course, benefits and the various processes involved during and after the course. The meeting brought out a good response from among the present though not all parents could attend the meeting.

The meeting also revealed the positive change in habits of the students involved which has given us immense happiness.

REPORT ON WOMEN'S DAY ACTIVITES

The women's day was celebrated in FIDES on the 12th of April in a splendid way gathering all around the members of apex body, Board, federation of Halasuru, Kaverinagar and nearby villages.



The event was graced upon by auspicious presence of the modern women power Mrs. Susheela Punith, the retired English professor of Mount Carmel College. She is currently translating English books into kannada and gave an



inspirational speech on the role of women in family and society. She is also an inspiration by being a mother fostering four girls who reigning with success. The day also was a treat to the eyes with the colorful events. The day was a witness to around 250 women who gathered to celebrate womanhood



with pomp and joy. The celebration ended with a small get-together which included snack and tea for all gathered.

SEND OFF FOR MANJUNATH



Mr. Manjunath, one of our FIDES staff was given a send off for the committed service of past 8 years as the co-coordinator in Halasuru. He was a valuable asset who rendered dedicated, sincere service and the precious

work was acknowledged and appreciated by the FIDES team and the sisters. We wished his good luck for his new journey.



CAMPUS INTERVIEW REPORT

Campus interview was held in the campus offering opportunities to the students giving a wider view of career options. We are grateful to the various companies who showed interest and turned up for the campus recruitment of our aspiring candidates. Most of the students have been successfully



placed and are beaming with success.

FIDES SUMMER CAMP AT DODDABHANAHALLI GOVT.SCHOOL

“Children’s are great imitators, so give them something great to imitate”

Only where children gather is there any chance of fun with learning something, so thinking like that FIDES planned a summer camp for children of the government school at

Doddabhanahalli, the main focus of our summer camp was to teach children. The camp was to acquire the basic knowledge of English

conducted from 7th to 11th April 2015, in government school campus held. The head master of the school welcomed Sr. Sumi and FIDES team and He also encouraged



children to take part actively and make best use of the opportunity that is offered to them.

The children were taught about the Basic English like grammar, simple



sentence forming, self introduction etc... Children were asked to introduce themselves and their friends which can improve their confidence, overcome stage fear which is very common in children. Children were asked to form simple English sentences conducted. Some group activities and also some games were conducted to improve the skill of spoken English and pronunciation of some vocabulary. As a reward and encouragement for learning, children were given some snacks every day after their classes.



REPORT ON VIDES MEETING



The VIDES meeting took place at the FIDES office invoking God's blessing. The day was honored by the presence of Sr. Anna Chacko, the superior of Sacred Heart Convent, Sr. Sheela Jacob, in charge of VIDES, Sr. Cecily Thomas and Sr. Sumi Joseph. It started with Sr. Sheela Jacob addressing the gathering and formally telling the gathering the meaning of VIDES, the objectives for the year which included saving and appreciating our ecology and its importance in our life, the importance of human rights and

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safeguarding it through education for all. Last but not the least was not to forget the volunteering which we are part of. She stressed on how we need to take active in it willingly and not under force and also



acknowledged about junior VIDES members. She insisted to enlist more junior VIDES members so that they could cultivate the habit of volunteering and learn many more positive values starting from their childhood years.

The event proceeded further by the sharing of the service done by the VIDES members at the cost of sacrificing their precious time. Few of the VIDES members even went from office to office in helping 150 old people and widows to get their pension without taking any monetary profit from them. Another said, how they were helpful to the old and the sick by feeding them, giving them medicines at regular intervals with love, care and affection which was really encouraging and hope- giving to the old, Few others narrated their experience by telling how they solved the social issues by entering into their shoes, understanding and



sorting them out. VIDES members also took initiative and planted mango saplings in the surroundings nurturing them through caring and serving the nature. Sr. Sheela congratulated the members for contributing their valueable services and insisted that VIDES did not have a particular type of service but a service which benefitted others even if it meant that

one suffers on account of it. In conclusion all took the oath reminding

them of their duties and responsibilities before discussing the future plans. Finally all the members planned for the upcoming year to plant saplings in their home premises and locality, to stand up and serve without the discrimination of caste, creed or religion. The day ended with the thought and motto of VIDES to give light to others. Tea was served at the end of the meeting. The members dispersed thanking Sr. Sheela and one another.



FIDES TODAY:

Total Number of SHG Groups: 123(1965 women)

Total number of NCP (Neighbourhood Children's Parliament) – 5 (80 children)

Youth Groups: 3(105 boys and girls)

Cooperative Society: 2 (1109 share holders)

Sponsorship: around 600

Auxilium kids group: 3 (100 children)

VIDES units -2